

OFFICE: 15777 Bolesta Road • Clearwater • FL 33760 • 727-531-3118



Beautiful Clouds Over Amber Glades! Thank you to Leeanne Mchugh for the great picture!

Delivered Door-to-Door by Community Residents FREE Every Month

Monthly Mania Winner! \$100 • Mary Lou Wright Boss Electric Corp

lssue 6

ear

view this newsletter on-line at www.monthly-media.com

#### FOR AD RATES & INFO 727-484-7488 • info@monthly-media.com

#### Shady Lane Oaks March 2023 information

DebTompkins - Social Director - sloactivities@hotmail.com - 610-357-4148

#### Yard of the Month







SHADY LANE OAKS WHAT'S NEW AUGUST, 2023 C



## Left, Center, Right (LCR) Game Night!

## Oaks Clubhouse

Every Saturday at 6:30 pm

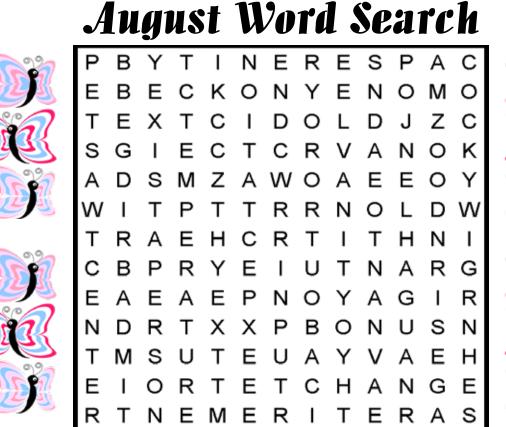
\$.75 per game (4 or 5 games) 3 \$1.00 bills or 3 \$1.00 scratch ticket for the last game.

> fun, easy to learn game if you come late just join in the next game!

> > You could win the pot!

Shady Lane Oaks HOA does not provide any alcoholic beverages at any of the events it hosts







about abridge	caps center	grant	nape novel	tape temperature
admit	change	happy		text
attract	cocky	heart	person	
	contain	heavy		vanity
beckon		hoard	retirement	
better	enjoy		rise	waste
bonus	etch	ideal		wonder
	exist	input	serenity	wring
	expectation		steer	

money

# Feeling Less Sharp?

# Your Brain May Need More Sound

When your brain lacks access to some sounds due to a hearing problem, it has to work harder to fill in gaps, which can be tiring. It also means you could be missing out or feeling that you are not at your best.

Call To Schedule Your FREE Hearing Screening 727-584-9696



1200 STARKEY RD, #105B, LARGO, FL 33771



DEMO The Latest

Hearing

Technology

hover over code with your smartphone camera to call us

> Amanda Kluzynski, Au.D. CCC-A, ABAC, F-AAA Board Certified Doctor of Audiology

28 ★ 3



#### We Need Cover Pictures! Send in Your Interesting Photos!

Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are here:



220 Bahama St. • Venice, FL 34285 info@monthly-media.com • 727-484-7488





Your

Picture lere!

#### Setting up an atmosphere to nurture your creativity

Being more creative often means adopting a set of values that allows creativity to exist. Here are a few of the values you should honor in yourself if you want to live a more inspired and creative life:

- Retain the spirit of wonderment. Pretend you are a child seeing everything for the first time. Ask questions about things that intrigue you.
- Follow your bliss. As soon as you feel a spark of interest, let yourself go with it. Follow it where it takes you.

\*\*\*\*\*\*\*\*\*

- Think courageously. Don't try to be like everyone else. Take your own path through whatever it is you are exploring.
- Take time to ponder. Sit down, relax, have a cup of tea and think things over. That's how people's best ideas usually arise.

- badapted from "Steps to a creative mind-set," by Ulrich Kraft, in Scientific American Mind

#### Solving the problems of the universe in your spare time

Ibert Einstein worked a day job — eight hours a day, six days a week as an examiner in the patent office in Bern, Switzerland. He liked having a regular payday, and at night he walked around with friends and talked about physics. So it was in his spare time that Einstein changed the laws of physics. And that's part of why the world still loves him so. Even after he wrote and published four historic papers during his "miracle year," he continued on

as an employee at the patent office. And isn't that what we all want, after all, to be recognized for the geniuses that we are, instead of the office kooks we feel like.

As a matter of fact, Einstein's job at the patent office might have helped him, since if he had been in the academic world his ideas might have been squelched by the professors in power. Would they have listened to a young guy who believed that space and time were not absolute?

His job probably also kept his mind sharp, because he was constantly called upon to evaluate people's inventions. This required him to use his powers of visualization and to use specifications and drawings to test the ideas out.

Einstein wrote: "Working on the final formulation of technological patents was a veritable blessing for me. It enforced many-sided thinking and also provided important stimuli to physical thought." — adapted from "Who knew: Outside player," by Joel Achenbach, in National Geographic

> We cannot cure the world of sorrows, but we can choose to live in joy. — Joseph Campbell





## \*\*\*\*\*

#### So, you're finally going to get that promotion ...

nce, a long time ago, an editor on an exotic adventure was captured by cannibals.

"Unhand me!" he cried out indignantly. "I am an editor, and I demand immunity of the press!"

"Most interesting," the cannibal chief, who had graduated from Columbia years before, but had fled society to find the meaning of life, said. "Are you a senior editor or a regular editor?" the chief demanded to know.

The man hung his head in shame and admitted to the cannibal chief that he was, indeed, only a mere editor.

"Well, you can consider this your lucky day. And let me be the first to congratulate you on your impending promotion," the chief said warmly. "After dinner tonight you'll be editor-in-chief." — adapted from *Laughter Incorporated* by Bennett Cerf

### Future fame and paying bills

crafty journalism student was short on cash and unable to pay his rent, trying to talk his landlord into being patient.

You know, in a few years time, people will make it a point to walk by this building and point to my window and say 'Jackson, the famous writer, once lived there."

The landlord drew his eyebrows into a scathing look and said: "If I don't get the rent tonight, they'll be able to say that tomorrow." — adapted from *Laughs for Teens* 

#### Two philosophers go for a walk...



id you hear the story about the two philosophers, Goethe and Kant?

Kant was confused about something important and so the two famed philosophers took a walk in the woods.

Later, Kant was asked if taking a walk in the woods with Goethe helped. Kant answered, "Definitely, yes. I'm still confused, but at a much higher level." — adapted from the Tully Communications Web site

*Education* Education is when you read the fine print. Experience is what you get if you don't. — *Pete Seeger* 

> Sleeping People who say they sleep like babies usually don't have them. — Leo J. Burke



## Need affordable Medicare that's in step with your life?

Choosing the right Medicare coverage can be confusing.

I can help you find a plan that's right for YOU and YOUR BUDGET.



## health markets.

**Dawn-Rae Crutchfield** Licensed Insurance Agent

#### Call today for personalized service!

HealthMarkets Insurance Agency Inc. is licensed as an insurance agency in all 50 states and the District of Columbia. Not all agents are licensed to sell all products. Service and product availability varies by state. Sales agents may be compensated based on enrollment. No obligation to enroll. HMIA008253 5-2020

727-499-84

3



Disease Management Cancer Screening

& more!

On-Site Pharmacy Now Open!

SUNCOASTFAMILYMED.COM 12020 SEMINOLE BLVD. LARGO

27-588-9572

## Now, that's flattering

The actor, Tony Randall, once recalled walking down Madison Avenue when he spied a very attractive tie in a shop window. Randall went in and immediately the storekeeper recognized him. The shopkeeper was so excited he told Randall that he just had to call his wife while the actor was standing right there because she was never going to believe he was in the store.

The storekeeper proceeded to call his wife and asked Randall to speak to his wife—to just say anything.

Randall said that he was so flattered that he bought the tie and six shirts, but then realized he did not have enough money to pay for the items.

The actor asked the shopkeeper if he would take a check, and the shopkeeper replied, "Do you have any identification?" — adapted from the Anecdotage Web site

### **On being consistent**

here was a woman who frequently turned up in traffic court to answer routine traffic tickets. Each time she came in over a period of years the judge asked her the same standard questions

standard questions.

"What is your age?" he asked.

"Thirty," the woman replied.

"Come on now, lady," the judge said, "you've been coming into this courtroom for five years, and you always give me the same age."

"I know," agreed the woman, "but I'm not one of those people who says one thing today and another thing tomorrow." — adapted from Laughs for Teens, compiled by Arthur Liebers

### Memo: In our infinite wisdom we have decided ...

f you've ever worked in an office, you've probably had someone in management decide that it would be a good idea for everyone in the office to move to another location or desk. Who knows where this crazy restless exercise originates in the minds of those who order it, but apparently the prac-

tice has been around for quite a while. Harold Ross, the famous founder of The New Yorker, was so fond of moving the desks of workers and the partitions in the magazine's offices, that James Thurber hung a sign in the entrance hall that read: "Alterations Going On As Usual During Business." —adapted from Laughter Incorporated, by Bennett Cerf

On progress Progress was alright. Only it went on too long. — James Thurber





August

N/ N/

M 44

\*\*\*\*

alle.

30

	4		7					
		2	9					4
1				8			5	
					6	3		
6								1
8	2			1		4		
						9	4	5
4	1							
				7	8	2		



- MA - MA

**M M** 

200



		2	8	Z				
							<u>د</u>	4
G	4	6						
		4		ŀ			2	8
٢								9
		3	9					
	G			8				ŀ
4					6	2		
					Z		4	







## ARE YOU PAYING TOO MUCH FOR AUTO INSURANCE?

#### Coverages:

Bedily Injury \$100,000 Feeb Dare (\$200,000 Fe, Occur
Bodily Injury\$100,000 Each Pers./ \$300,000 Ea. Occur.
Property Damage\$100,000 Each Occur.
Uninsured Motorist\$100,000 Each Pers./ \$300,000 Ea. Occur.
Pers. Injury Prot\$10,000 Ea. Person, Wage Loss Excluded
Medical Payments\$5,000 Each Person
ComprehensiveACV - \$500 Deductible
CollisionACV - \$500 Deductible COMPARE
Road Trouble Serv\$50 Each Occurrence
Additional Exp\$30 Per Day / \$900 Each Occurance
Annual Paid In Full Premium \$1265.00*
We Also Offer Mobile Home Insurance
Quote Details: -67 married male, vehicle driven for pleasure use, superior credit, 5 ye
lean driving record on all licensed household operators -2019 Chevy Impala LT, garag

clean driving record on all licensed household operators -2019 Chevy Impala LT, garaged in Pinellas County zip code 33771, equipped with Air-Bags, ABS and Anti-Theft device

\*NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving record, credit history, garaging address and type of vehicle.

son Insurance Inc. 727-535-0524





#### Ready, set - get your energy flowing

f you feel sapped of all life, maybe you need to reenergize. Your energy is the essence of who you are. The ancients who studied energy did not see it as something expendable that

\*\*\*\*\*\*\*\*



you run out of, but rather saw it as a force that can become blocked. You can unblock your energy by making some healthy and balanced changes in your life. Here are some suggestions on how to get your energy going:

- Take a shower—and contrast the temps. That means after your regular warm shower, turn the knob to dispense water as cold as you can bear for 30 seconds. Switch it back and forth two or three times. Make sure the water hits your chest, back and back of the neck.
- Skip the coffee and start out with something that will truly perk you up. Pour hot water into a cup, add the juice of one-quarter to one-half lemon and shake in a pinch of cayenne. The sour taste of the lemon releases bile and stimulates digestive juices. Cayenne stimulates gastric acids in the stomach and raises metabolism. It gets everything started.
- Thump yourself. It will invigorate you, so give it a try. Gently pound the insides and outsides of your arms and legs with loosely closed fists. Then try it out on your solar plexus, lower back and neck and your abdomen. It will increase your circulation and make you feel good.
- Exercise. Get your heart moving. It will trigger the release of chemicals in the brain that will make you feel good.
- Eat your breakfast. And continue eating small meals throughout the day, so you don't hit that wall in the afternoon.
- Stretch your bod. When you're feeling washed out, try some stretching exercises to re-energize.
- Go ahead—sparkle. Turn the volume up on whatever it is you do best. Try throwing in that extra oomph. Don't act like some lunatic or a phony. Just try being more upbeat than you usually are. Pay attention to how people respond.
- Seek out those who are energetic. Good energy after all is contagious.
- Break free of your rut. Let your energy be free and see where it takes you. Go to a new restaurant. Listen to music you've never heard before.
- Put your personal stamp on everything you do. Living creatively does not necessarily mean you turn out amazing works of art. It does mean that you bring your uniqueness to everything you do, though. Dare to live an inspired life.

— adapted from body+soul

Resolve to be tender with the young, compassionate with the aged, sympathetic with the striving, and tolerant with the weak and the wrong. Sometime in life you will have been all

Did You Know?

Honey bees beat their wings 200 times per second, creating their trademark "buzz"?

A single hive can produce anywhere from 60 to 100 pounds of honey every year?

The ancient Greeks minted coins with bees on them?

AND..... Your community receives this newsletter for FREE because of these business sponsors!

When searching for home services, health care providers, insurance, and almost anything else... Reference your newsletter first! These businesses choose to support your community newsletter, please let them know you appreciate them!

> 727-484-7488 220 Bahama St. Venice, FL 34285

#### @monthlymedia

acebook

## Services Directory

#### AIR CONDITIONING SALES/SERVICE

Air Masters of Pinellas, Inc.	727-586-6969
Barron's Air Conditioning	727 704 1602
Madam A/C Samias Co	707 544 5544
Modern A/C Service Co.	/2/-541-5541
APPLIANCE REPAIR	
Rick's Appliance Repair	/2/-63/-4/89
ATTORNEY	
Law Offices of Paul Herzfeld	727-587-0009
AUTO BUY/SELL	
Bill Your Car Guy	727-729-2322
Stingrays Inc (CASH NOW)	727-798-2921
AUTO REPAIR	121 100 2021
Affordable Auto & Truck Repair	777 220 0720
	121-329-0120
AWNINGS	707 505 4440
Bay Area Aluminum Services, Inc	727-585-4442
Century Awnings Co BLINDS & DRAPERIES	/2/-559-8811
BLINDS & DRAPERIES	
Rod Runners	727-394-9534
CARPET CLEANING	
Bill the Carpet Guy	727-521-4163
Doll Brothers Carpet/Upholstery Clnrs.	727-596-2249
COMPUTER SERVICES	
JS Computer Repair	727-643-0607
DERMATOLOGIST	121-045-0091
	707 540 0400
Florida Dermatology & Skin Cancer	727-548-9196
<b>DOCTOR - INTERNAL MEDICINE</b>	
Suncoast Family Medical Assoc	727-588-9572
DUCT / VENT CLEANING	
E & E Gliddon, Inc.	727-546-4343
E & E Gliddon, Inc ELECTRICAL CONTRACTOR	
Imperial Electrical Service	727-535-0708
Palm Harbor & Dunedin Electric	
ESTATE SALES	121-110-1022
BNG Treasures	707 404 0446
	121-484-0140
FIREARMS	
Gun Trader Den	. 727-430-9424
FLOOR REPAIR	
Flatworks	727-431-6875
Florida Anchor & Barrier Co	727-330-7821
Perfect Repair & Construction, Inc	
FURNITURE & MATTRESS	
FURNITURE & MATTRESS AJ's Beds & Furniture	727-588-0406
<b>GOLF CARTS SALES &amp; SERVICE</b>	121 000 0400
Recreational Golf Cars of Florida	707 540 0460
HANDYMAN	121-340-0400
	707 500 0700
1st Class Handyman Services	121-532-0709
Rain Gutters St. Pete - Jeff Sizemore	727-242-1373
Ron's Handyman Services	727-657-2491
HEALTH & WELLNESS	
The Salt Suite	707 507 0500
HEARING AIDS	121-531-0520
	/27-537-0520
MedRx Hearing Center	
INSURANCE: AUTO & MOBILE HO	
MedRx Hearing Center INSURANCE: AUTO & MOBILE HO	727-584-9696 DME
O. E. Wilson	727-584-9696 DME
O. E. Wilson INSURANCE: HEALTH	727-584-9696 <b>)ME</b> 727-535-0524
O. E. Wilson INSURANCE: HEALTH Dawn-Rae Crutchfield	727-584-9696 <b>)ME</b> 727-535-0524
O. E. Wilson INSURANCE: HEALTH Dawn-Rae Crutchfield KITCHEN CABINET REFACING	727-584-9696 <b>ME</b> 727-535-0524 727-499-8461
O. E. Wilson INSURANCE: HEALTH Dawn-Rae Crutchfield KITCHEN CABINET REFACING Swailes Re-Face It, LLC	727-584-9696 <b>ME</b> 727-535-0524 727-499-8461 727-804-1689
O. E. Wilson INSURANCE: HEALTH Dawn-Rae Crutchfield KITCHEN CABINET REFACING	727-584-9696 <b>ME</b> 727-535-0524 727-499-8461 727-804-1689 <b>EW</b>

#### **MOBILE HOME SUPPLIES - RETAIL**

Mobile Home Depot, Inc	. 727-535-1100
MOBILE HOME WASH/WAX	
J&J Power Wash & Stain	. 402-981-9262
Royal Enterprises Wyngarden Mobile Home Wash	. 727-394-7351
Wyngarden Mobile Home Wash	. 727-587-0876
MOBILE HOME WINDOW FILM	
Royal Enterprises	. 727-394-7351
ORGANIZATIONS	
Federation of MH Owners (FMO)	. 727-530-7539
PAINTING/INSIDE & OUTSIDE	
Payless Painting Services	. /2/-4/0-58/6
PEST CONTROL	
Buggin Out Termite & Pest Control	
Doug the Bug Pest Control	. /2/-449-284/
FL Termite & Pest Experts	. 121-185-2552
PLUMBING SERVICE	707 500 4004
Denny's Plumbing, Inc.	. 121-030-1391
Jones & Sons Plumbing, Inc.	. 121-199-0281
Largo Plumbing Co.	. 121-590-0525
American Restoration Systems, Inc	777 575 7200
RESTAURANT	. 121-525-1200
Pinellas Pizzeria	727_/00_6005
ROOF COATING	. 121-400-0035
Community Roofing of FL, Inc	727-536-9999
	.121 000 0000
All Weather Roofing1	-800-297-3758
AMS Advanced MH Systems	.727-471-0820
ASC Aluminum Specialty Contr	.727-547-8300
ROOM ADDITIONS	
Bay Area Aluminum Services, Inc	. 727-585-4442
TIE DOWNS/MOBILE HOMES	
Florida Anchor & Barrier Co	. 727-330-7821
VAPOR BARRIER	
Florida Anchor & Barrier Co	
Precision Vapor Barriers	. 727-431-6875
Underhome Armor	. 727-282-2045
VINYL SIDING	
AMS Advanced MH Systems	.727-471-0820
ASC Aluminum Specialty Contr	. 727-547-8300
Mesh Guard LLC	. 727-678-6569
WINDOW REPLACEMENT	
AMS Advanced MH Systems	
ASC Aluminum Specialty Contr	. 127-547-8300

For Advertising Info Call or email: 727-484-7488 sales@monthly-media.com Monthly Media 220 Bahama St.

Venice, FL 34285



AUGUST	5•2023	
Sunday	Monday	
September S M T W T F S 1 2		
3 4 5 6 7 8 9		
10 11 12 13 14 15 16		
17 18 19 20 21 22 23		
24 25 26 27 28 29 30		
6	7 Humana - Oaks: 12pm Poker - 6:00pm	
13	14 Poker - 6:00pm	
20	21 Poker - 6:00pm	

Poker - 6:00pm

# **Shady Lane Oaks**

uesday	Wednesday	Thursday	Friday	Saturday
1	2 Texas Holdem - 6:00pm	3	4	5 LCR - 6:30pm
8	9 Texas Holdem - 6:00pm	10	11	12 LCR - 6:30pm
15	16 Texas Holdem - 6:00pm	17	18	19 LCR - 6:30pm
22	23 Texas Holdem - 6:00pm	24	25	26 LCR - 6:30pm
29	30 Texas Holdem - 6:00pm	31		







## **August Monthly**

**Back Business Month. Aug. 1–31**. To focus on and build awareness of black-owned and operated enterprises. For more information, browse www.springboard.com.

\*\*\*\*



**Children's Eye Health and Safety Month. Aug. 1–31**. To disperse information about amblyopia, a condition that can affect between 2 percent to 3 percent of children and cause permanent vision loss. For more information, browse www.preventblindness.org.

**National Immunization Awareness Month. Aug. 1–31**. To develop awareness that immunization is critical to maintaining health and preventing life-threatening diseases among people of all ages and cultures throughout the United States. For more information, browse www.partnersforimmunization.org.

## Weekly

**Solution Solution Sector Sector** 

**World Breastfeeding Week. Aug. 1–7.** Breastfeeding advocates, healthcare professionals and social service agencies focus attention on the importance and benefits of breastfeeding. For more information, browse www.lalecheleague.org.

**Elvis Week. Aug. 8–16.** Each year Elvis fans from around the world visit Memphis as Aug. 16 marks the anniversary of Elvis Presley's death (Aug. 16, 1977) at his beloved home, Graceland Mansion. For more information, browse www.elvis.com.

## Daily

Respect for Parents Day. Aug. 1. A day set aside to think of positive things parents contribute to society. For more information, e-mail: marilyn@global.net. National Night Out. Aug. 1. Designed to heighten crime-prevention awareness and to promote police-community partnerships. For more information, browse www.natw.org.

Work Like a Dog Day. Aug. 5. A celebration during the Dog Days of summer of the professional and personal satisfaction experienced by entrepreneurs and small busi-ness owners who work like dogs to achieve success. For more information, browse www.eviltwinproductions.com.

**National Mustard Day. Aug. 5**. Mustard lovers across the nation pay tribute to the king of condiments by slathering their favorite mustard on hot dogs, pretzels, circus peanuts and all things edible. For more information, browse www.mustardmuseum.com.

**Vinyl Record Day. Aug. 12.** We all need a reminder some¬times that life is good. Favorite songs can bring back fond memories, and Vinyl Record Day encourages celebrating these music memories with family and friends. For more information, browse www.vinylrecordday.com.











# Be Sun Smart Every Day!

Call To Schedule Your Free Skin Cancer Screening! New Patients Only | Only Offer Expires 10/31/23 | Code - MM (12) 🖈 5

Florid And skin cancer centers EXPERIENCE THE MOHS FELLOWSHIP DIFFERENCE Trust is more than skin deep WWW.FLDSCC.com

**Belleair** | **727.446.6217** 609 Indian Rocks Rd., Belleair, FL 33756

**Pinellas Park** | **727.548.9196** 6020 Park Blvd., Pinellas Park, FL 33781

### **On finding perfection**

wo men met on an airplane and began to talk. They asked each other the usual questions, and it came to be disclosed that one of the men was married and the other man was not. After a while the married man asked, "Why is it that you never married?"

\*\*\*\*

The single man looked pensive then said, "Well, I think I just never met the right woman, you know."

"Oh, come on, man," the married man replied, "surely you've met at least one girl during your lifetime that you wanted to marry."

The single man once again thought about the man's statement, "Well, yes, that's true," he said. "There was one girl ... once. The perfect girl. Actually, she was the only perfect girl I have ever met. Everything she did was absolutely right on. She really was the perfect girl for me."

"Well, why on Earth didn't you marry her?" the married gent asked?

"She was looking for the perfect man," the other replied. — adapted from www.OneSmartClick.com

### On giving sage advice

A n extremely famous writer came to deliver a lecture to a group of students who, it was known, were absolutely determined to pursue their own literary careers.

▲ The esteemed lecturer walked to the front of the room, gazed out at the ambitious faces in the audience and asked: "How many of you really want to be writers?"

Every student in the audience raised his or her hand. The lecturer calmly looked around the room and then said, "In that case, I won't be needing these." He returned his notes for his talk to his coat pocket in a sweeping motion. He looked up and said, "The best advice I can give you is to go home and write."

And with that the esteemed writer left the room. —adapted from the Speaker's Sourcebook II: Quotes, Stories, and Anecdotes for Every Occasion by Glenn Van Ekeren

## An honest man

incinnati Red's closer Danny Graves lost his wallet recently during a trip to the West Coast for a game. Graves just assumed his wallet was gone forever. The wallet contained about \$1,400, credit cards and Grave's driver's license.

Graves didn't know it, but he had lost his wallet on the bus that took the Reds to the airport. Lucky for Graves, the man who cleaned that bus was an honest man. The man didn't just return the wallet to Graves, he went to a lot of trouble to make sure the ball player got everything back safely. The bus cleaner took the cash in and exchanged it for traveler's checks so that it wouldn't get stolen in the mail. The man also overnighted the wallet to Graves. And what did this honest man want in return?

He sent his name and address and asked for an autograph for his father. —adapted from The Rugged Elegance Inspirational Network Web site







Quality Workmanship Honest Pricing

• Vapor / Moisture Barrier

# Underhome Encapsulated Insulation

Hurricane Tie-Down Anchors 10 Yrs Exp.

To our valued customers:

Our top priority is the health and safety of our employees and our customers. Our employees are closely following the Centers for Disease Control (CDC) guidelines and recommendations, like frequent hand washing, social distancing, and staying home if they are feeling ill.

We have taken steps to limit exposure to the virus by making our customers aware that there is no need to have any contact with our employees if you choose to do so. Our business falls under the state's guidelines as "Essential Business".

We want to build a great relationship with you. Call today for your Free Inspection. (800) 377-7885

Stay Safe and Continued Good Health. Underhome Armor Family



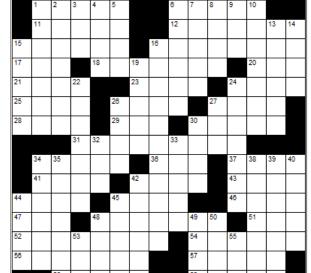






#### ACROSS

- 1 Sink
- 6. Similar
- 11. Battery terminal
- 12. Bring
- 15. Trough
- 16. Whenever
- 17. Lumberjack's tool
- 18. Podium
- 20. D
- 21. Not yours
- 23. Existed
- 24. A group of cattle
- 25. Europe's highest volcano
- 26. Charged particles
- 27. Be suspended from above
- 28. Burn the surface of
- 29. Partially opened flower
- 30. Itinerary
- 31. Paring
- 34. Footwear
- 36. Hebrew liquid measure
- 37. Not his
- 41. Duration
- 42. Alumnus
- 43. Journey
- 44. Disable
- 45. Hurt
- 46. Cassava
- 47. What we breathe
- 48. Plane ticket price
- 51. Tiny circle
- 52. Curved shape
- 54. Not idle
- 56. Perfume
- 57. A frame of iron bars
- 58. Sugary
- 59. Extremely



#### DOWN

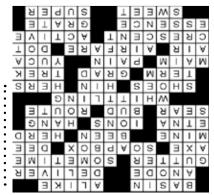
- 1. Aluminum ore
- 2. Aerial
- 3. Boozer
- 4. Mid-month days
- 5. Adopted son of
- Claudius
- 6. Sun-dried bricks
- 7. Tart yellow fruit
- 8. Holly
- 9. Fox baby
- 10. Apparent
- 13. Come forth
- 14. Marsh plant

- 15. Diversions

- 24. Disdainful

- 34. Steps
- 35. A female heir 38. Having profound knowledge 39. Recoup 40. Glide over ice 42. January's birthstone 44. Riot spray 45. Fragment 48. Skin disease 49. Tatters 50. Beige 53. Stitch 55. Faucet





- 16. Profligate

  - 19. Give or take
  - 22. An annovingly
  - catchy tune
  - 26. Nile bird
  - 27. Term of endearment
  - 30. Peel
  - 32. Skirt's edge
  - 33. Tropical vine

# **SUB-FLOOR & FLOORING EXPERTS!**

#### **COVID-19 NOTICE:**

We are taking as many precautions as we can to ensure not only our workers safety but yours as well. We are checking employee temperatures daily, limiting contact between crews, and offering no customer contact if you choose. We are an "Essential Business" and here for you when you need us.





#### **ARE YOU SELLING YOUR VEHICLE?**

- \* Nobody pays more than BILL..NOBODY!
- \* No Gimmicks I'm a SENIOR LIKE YOU
- \* NEVER Leave Home I come to YOU
- \* Tested Weekly For COVID-19
- \* Free Appraisal No Obligation

\* Any Year, Make Model, Mileage

\* Get Paid Today: Cash or Bank Check

#### **Free Removal of Junk Vehicles**

Available 7 days a week Call or email for an appointment:

## 727-729-2322

billyourcarguy@gmail.com More Info: www.BillYourCarGuy.com







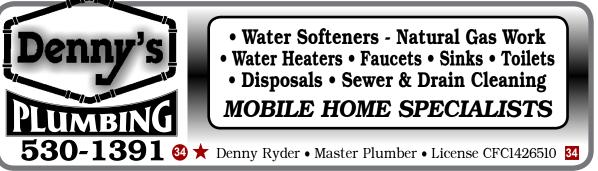
Affordable inside & outside pest control.

\*Bedbugs \*Roaches \*Termites \*Ants \*Fleas \*Rodents \*& more!









#### How to overcome insomnia

f you suffer from insomnia, you know how miserable it can be. About half of all Americans report chronic problems sleeping. Here are a few things you can try to get yourself on the way to a perfect night's sleep:

\*\*\*\*

- Set your body clock. It will take about two weeks to do this. Set a time for bed and awakening that work with your lifestyle. You'll also want to make sure that you're allowing yourself enough time for sleep. Then stick to your routine. Don't take naps during the day.
- Prepare yourself, so that you can sleep deeply. That means stay away from caffeine and nicotine for at least six hours before you plan to sleep. You will also want to avoid alcohol and marijuana, or other recreational drugs, at least six hours before you sleep. They can predispose you to anxiety or depression— and that can turn into a sleep problem. You might also want to try a snack of bananas and warm milk. Both are high in tryptophan, which can help you get to sleep. Avoid fluid intake, so you won't be awakened by the need to go to the bathroom. Exercise regularly (five times a week), and you'll be surprised at how much your sleep will improve.
- Stretch and meditate. Doing this just before bedtime will relax you.
- Avoid the television and computer for one hour before you sleep. These light sources can encourage your body to stay alert. And they can also keep you thinking, which can interfere with sleep.
- Make your bedroom perfect for sleeping. Make it dark, and make it quiet. And make your bed comfortable and cozy. Keep the temperature setting at whatever works for you. —adapted from Utne magazine

#### Is organic milk really better for you?

oes "organic" milk really have more nutrients than non-organic milk? The Danish Institute of Agricultural Research suggests that it does. Researchers found that organic milk from pasture-fed cows has sig-

nificantly higher levels of antioxidants, omega-3 fatty acids, beta carotene and Vitamin E. It may all go back to what our mothers pounded into our heads: You are what you eat. Organic, pasture-fed cows eat lots of grass and clover. Non-organic cows are sometimes fed genetically modi¬fied feed, plastic pellets, manure and urea. — adapted from "Got organic milk?" by Alexis Adams in Natural Home & Garden

On how to live Live as if your were to die tomorrow. Learn as if you were to live forever. — Mahatma Gandhi











#### Why do we call them chairmen anyway?

E ver wonder why we use the words chairman, chairwoman or chairperson? The words seem meaningless to us today, but centuries ago they made perfect sense. Back then chairs were still uncommon. They were

\*\*\*\*\*

rare and expensive commodities. People who attended meetings, generally sat on roughly made benches. The person who presided over the meeting was often, out of respect, given a chair to sit in. That made the presiding officer the chairman. And that is what they came to be called—and still are even to this day. — adapted from *That Takes the Cake*, by R. Brasch

#### Wine industry targeting women's palates

The wine industry is following in the footsteps of the cleaning products industry — trying to lure women into their lair. But if you look at recent studies, it might not take much luring, as it seems that women purchase 77 percent of the wine sold in America and drink 60 percent of it. Cheers to the fairer sex.

Where the white sold in America and drifts to percent of it. Cheers to the failer sex. Nonetheless, the onslaught has begun, and if you look closely in the aisles of your local wine shop you're likely to find wines with names, such as Rose the Riveter, Mad Housewife or Seduction. There's even a low-calorie, low alcohol brand being served up called White Lie Early Season Chardonnay by Berringer Blass Wine Estates. The label of White Lie has the cursive look of a romance novel, and in fact, has a promotion using Jennifer Weiner, a best-selling chick-lit writer. Even the corks get into the action; they carry messages such as "It's my natural color" and "I'll be home by 7." The brand was extensively researched, using, what else — book clubs. Those famous gatherings that usually involve about as much wine as reading. — adapted from "Luring Women With the Chick Lit of Wine," by Patricia Leigh Brown, in *The New York Times* 

## Are you a chronic collector?

o you have too much useless stuff on your desk? If your work area is messy from hoarding, maybe you can blame it on the primitive part of your brain.

Cows and rats hoard, as well as humans. In fact, about 70 species in all hoard things. Usually it's food, but it can be something totally useless to the hoarder. The act of hoarding involves primitive as well as the higher functions of brain structure. Steven W. Anderson, a neurologist and researcher, recently looked at 86 people who had lesions on various and well-defined areas of the brain. He found that one reason for hoarding was damage to the right mesial frontal region, the very primitive region of the brain that houses the collecting urge lost its guidance. Though the subjects had average intelligence, they would not stop hoarding, even when it caused them serious personal and legal problems. — adapted from "Chronic collectors," by Jonathan Beard, in *Scientific American Mind* 









#### 10 WORDS for \$8.55 - Each additional word is 80¢ Your Ad Will Appear in 60 Mobile Home Park Newsletters NO ADS ACCEPTED BY PHONE OR EMAIL

#### WANTED TO BUY

FURNITURE, good clean, pre-owned. Top dollar paid. Charles, 727-657-7021

#### EVENTS & PROGRAMS

Craft Fair 11/18/23, 9 AM - 1 PM at Clerawater Cascade. Contact Jane Boucher 903-426-3636, Janeboucher29@gmail.com

VENDORS WANTED - HOLIDAY BAZAAR. Saturday, 11/11/2023 9am-2pm. First Luteran Church, 1644 Nursery Rd., Clearwater. All indoor craft show. Questions: 727-744-3806 or eobrien2429@gmail.com. 217-251-4382 or jayneb1227@gmail.com



WANTED

Musicians wanted for jam sessions. All

skill levels ok. Joe 305-283-5558

**ATTENTION RESIDENTS!** 

Did you know this Emporium/ Classified listing reaches over 21,500 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other things. Remember to think about this the next time you're planning something.

-Monthly Media Staff



ast Will &

Testament

## **SEPTEMBER AD DEADLINE - AUGUST 10, 2023**

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285. • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.



#### **AVOID FLORIDA PROBATE COURT** ATTENTION: OUT-OF-STATE RESIDENTS, CANADIAN CITIZENS, AND FLORIDA RESIDENTS

#### Steps should be taken to avoid Florida Probate Court on your Florida Home, your Lease and your Park Share.

## Don't leave your family with a legal mess!

CALL 727-587-0009 for your FREE CONSULTATION or if you just have questions.



Attorney Paul Herzfeld 1715 East Bay Drive, Suite C Largo, FL 33771 email: <u>paul@herzfeld.net</u> visit: noflprobate.com

SHADY LANE OAKS WHAT'S NEW AUGUST, 2023 C

# FLORIDA ANCHOR AND BARRIER COMPANY

#### To our valued customers:

During the current times we wanted to let you know that we are taking as many precautions as we can to ensure not only our workers safety but yours as well. We check workers' temperatures each morning and have limited the amount of contact our crews have with each other. Our crews work in Tyvek suits with respirators which helps to ensure your safety as well as theirs.

As a company, we want your business and there is no need for any contact if you so choose. Our business is deemed an "Essential Business" and we are here for you when you need us. You can schedule your inspection by calling 1-800-681-3772.

Wishing you good health and safety, The Florida Anchor & Barrier Team



Insulation & Vapor Barrier Repairs Soft Floor Repairs & Laminate Flooring





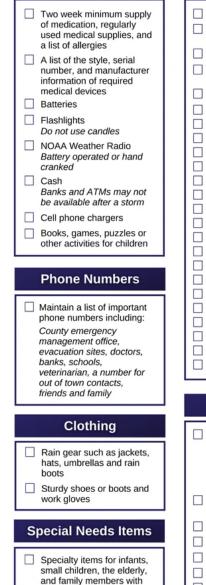
Mary Lou Wright \$100 Boss Electric	Patrick Holmes
Jacquelin VanDurick \$10 Guardian Vapor	Manny Pimentle
Patricia Heath	Susan Halloran
Victor Able	Dana Sparrer
Alethiea Taylor \$10 Jones & Sons Plumbing	Ed Hughes
Carolyn Bailey \$10 The Plumbing Patrol	Brad DrakeASC Aluminum
Kim St. Andre	Mary Lambeck
Chris Rem	Coleen Bukowski \$5 Underhome Armor
Orville Knott	Sally Ericson
Judy Santelamo	Ann Curry
Raymond Lynch \$10	Cindy Swann \$5 Ron Wyngarden Mobile Home Wash
Walter Hook \$10 Ron Wyngarden Mobile Home Wash	Shirley Cosenza
David Howard	Ben Brubaker
Florence Ballard \$10BugginOut Pest Control	David Kahan \$5
Kathleen Ford \$10Air Masters of Pinellas	Pauline Richer
Robert Pollock	Mary Brice
Bill LeMaster \$10 Jones & Sons Plumbing	Josephine Yeasted \$5Air Masters of Pinellas
Ronald Beagle	Betty Shuff
Tim Lange \$10 Jones & Sons Plumbing	Dolores Mangels
Santa Henriquez	Faye Oglesby \$5 Debbie's Salon
a Limit of one ticket per visit a Advertiser may have up to E winners per m	anth a Advertiser must have hill paid surrent to qualify a Allow 8 12 weaks

Limit of one ticket per visit • Advertiser may have up to 5 winners per month • Advertiser must have bill paid current to qualify • Allow 8-12 weeks for mailing of check • No purchase necessary • Contest void where prohibited by law • Tickets available at participating Monthly Media advertisers • SHADY LANE OAKS WHAT'S NEW AUGUST, 2023 C



## DISASTER SUPPLY KIT CHECKLIST 🖌

#### General



#### **First Aid**

Sterile adhesive bandages

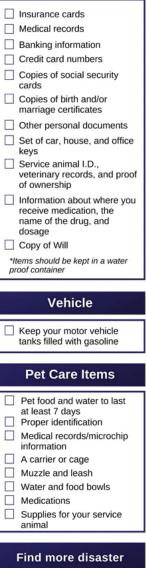
First Aid Manual

of different sizes

Sterile gauze pads

	Hypoallergenic adhesive tape
	Triangular bandages
	Scissors
	Tweezers
	Sewing needle
	Moistened towellettes
	Antiseptic
	Disinfectant wipes
	Hand sanitizer
	Thermometer
	Tube of petroleum jelly
	Safety pins
	Soap
	Latex gloves
	Aspirin or other pain reliever
	Anti-diarrheal medicine
	Antacid
	Laxative
_	Cotton balls
	Q-tips
	Food and Water
П	Fred
	Food Nonperishable packaged or
	Nonperishable packaged or canned food and beverages,
	Nonperishable packaged or canned food and beverages, snack foods, juices, baby
	Nonperishable packaged or canned food and beverages,
	Nonperishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary items to last at least 7 days Water
_	Nonperishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary items to last at least 7 days Water 1 gallon per person per day
	Nonperishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary items to last at least 7 days Water 1 gallon per person per day Non-electric can opener
	Nonperishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary items to last at least 7 days Water 1 gallon per person per day
	Nonperishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary items to last at least 7 days Water 1 gallon per person per day Non-electric can opener Paper plates
	Nonperishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary items to last at least 7 days Water 1 gallon per person per day Non-electric can opener Paper plates
	Nonperishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary items to last at least 7 days Water 1 gallon per person per day Non-electric can opener Paper plates Napkins

#### **Important Documents**



#### preparedness tips at FloridaDisaster.org

SHADY LANE OAKS WHAT'S NEW AUGUST, 2023 C

disabilities

